

BARTELL BUZZ



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Fall is in the Air!

The air is getting cooler and the leaves are starting to change! We are gearing up for fall at Dr Bartell's office and continuing to take measures to ensure your overall health is protected in our health care setting.

This year more than ever, everyone is aware of cold and flu season. As always, we disinfect each patient's room after use and all of our instruments are sterilized according to ADA and OSHA standards. We are also asking our patients to pre-rinse with our antimicrobial mouthwash prior to dental treatment to reduce the bacterial & viral load in the mouth. If you have flu-like symptoms, have had fever in the last 24 hours, or been



diagnosed with the flu, we will gladly reschedule your appointment to a future date to ensure recovery time and decrease transmission to our patient's and staff.

Hand washing, Hand washing, Hand washing! This is THE #1 way to prevent transmission from person to person. Washing your hands often is your first line of defense to staying healthy.

Our goal is to maintain a healthy dental setting to ensure optimal care!

We request that you are **fever-free** for 24 hours before coming in for a dental appointment.

A Whiter, Brighter Smile

Your smile is important. It's one of the first things you notice when you meet someone. A whiter, brighter smile is beautiful – it can help you feel better about yourself and make a memorable impression.

Your lifestyle and the aging process can stain and darken your teeth. Many things we do on a regular basis can contribute to stained teeth, such as drinking coffee, tea, cola and red wine or smoking.

Whitening can get your smile looking its best. The Zoom in office whitening system can reverse the signs of aging and remove



staining in a way that is:

- ✓ Fast and convenient
- ✓ Long lasting
- ✓ Low sensitivity
- ✓ Proven to be safe and effective
- ✓ Performed by a Dental Professional

From: www.zoomnow.com

Call and schedule your whitening today!

Looking for the perfect holiday gift? We have **ZOOM!** gift cards!

Traveling Out of the Country?

Planning a trip out of the country? It's helpful to schedule a dental checkup before you leave, especially if you'll be traveling in developing countries or remote areas without access to good dental care.

Comparable levels of training may exist in the country to which you are traveling, but this may be difficult to find out if that country does not have similar dental regulations.

The International Association for Medical Assistance to Travelers (IAMAT) maintains a network of medical personnel, hospitals and clinics around the world that have agreed to treat IAMAT members in need of care. Visit their Web site at www.iamat.org . IAMAT is helpful in referring patients to dentists, and any traveler can belong to IAMAT.



IAMAT

1623 Military Road #279
Niagara Falls, N.Y. 14304-1745
Phone: 716-754-4883

Why is Fluoride so Important?

Fluoride is a naturally occurring element that helps with the prevention of cavities and with sensitivity.

While most toothpaste contains fluoride, the fluoride used in the dental office is a much stronger concentration and can repair teeth in the very early, microscopic stages of decay. Many people believe they are getting enough



fluoride because they drink water throughout the day. Bottled water sales are at an all-time high and the majority of bottled water on the market do not contain optimal levels (0.7–1.2ppm)



of fluoride. And, some types of home water treatment systems can reduce fluoride levels in water supplies potentially decreasing the decay-preventive effects of optimally fluoridated water.

We recommend that you have a fluoride treatment at the end of your dental cleaning to replace the fluoride-rich layer that is removed during a professional cleaning and to help prevent decay.

www.ada.org

Oral Cancer Screening

The demographics of those who develop oral cancer has been consistent for some time. Historically, it occurs in those over the age of 40 and at least 75% of those diagnosed are tobacco users according to the Oral Cancer Foundation.

It is now confirmed that in teens and young adults, including those who have never used tobacco products, have been diagnosed with oral cancer due to HPV.

The Human Papilloma Virus (HPV) has made the news lately with its link to cervical cancer

in women. The virus is making headlines again because it is now linked to oral cancer, but this time, it is more prevalent in men.

Women and men are both at risk for developing oral cancer, but according to a study published by *New England Journal of Medicine*, those infected with HPV are 32 times more likely to develop cancer of the tonsils.

Speak with your medical doctor about the vaccination that can help protect men and women against certain strains of HPV.

Dr Bartell's Team

Practice Administrator

Christy

Hygiene Coordinator

Diane

Office Manager

Kim B

Dental Assistants

Christy, Roni, Myrna, Sophie

Dental Hygienists

Amber, Amy, Kim J, Kim K

We're on the Web!

Visit us at:

www.bartelldds.com



Holiday Hours

We will be closed the following days for our staff to be with their families:

November 26th – 29th

December 23rd – 27th

December 30th – January 2nd

If you are having any dental discomfort, please call our office so we can take care of you to ensure you have a wonderful holiday season.

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Have a person that is hard to buy for?

We have the perfect gift for them! The gift of a whiter, brighter smile!

Oral cancer is on the rise. Find out what you can do to help protect yourself.